



**NFU Mutual**  
Charitable Trust



# YFC Travel 2020

Where in the world could YFC take you in 2020? Choose from our amazing line up of exclusive trips and you could experience rural life in one of 15 exciting destinations, thanks to support from the NFU Mutual Charitable Trust



**Fun, Learning  
and Achievement**

# YFC TRAVEL – TRIP INFORMATION

## *What will your discovery be?*

*(Trips are subject to change; please see the final page for the Travel trip's terms and conditions)*

### **WHAT IS A HOMESTAY TRIP?**

A YFC homestay is unique. It allows you to experience a totally different way of life; if you want to be totally immersed in another culture by living as a local, and not just through city sightseeing, then a homestay could be right for you!

Trips last from two weeks to three months and you will stay in the home of a member of a rural youth organisation in the country of your choice. It's a great way to make new friends and experience rural life in a different country - but be prepared to get stuck in to get the most out of your trip!

### **EUROPEAN HOMESTAYS**

<b><i>Northern Ireland</i></b>	
<b>Age to participate:</b>	18 – 26 years old
<b>Places available:</b>	2
<b>When:</b>	From 11 <sup>th</sup> May 2020
<b>Duration:</b>	2 weeks only
<b>Cost to member:</b>	£60 participation fee, £30 refundable multimedia presentation deposit, flight, insurance, social expenditure & fee to attend the Balmoral Show

### ***What to expect from a Homestay trip in Northern Ireland***

This is a fantastic opportunity to experience rural life in Northern Ireland, and the perfect length to fit around other commitments.

You will be hosted by members of the [Young Farmers' Clubs of Ulster](#) who will take you to one of the biggest events in the rural calendar – the Balmoral Show. You will be looked after by one host before this event, and one host afterwards, and during the stay you will get to experience farm life in Northern Ireland as well as visiting some of the local sights.

<b>Scotland</b>	
<b>Age to participate:</b>	18 – 26 years old
<b>Places available:</b>	2 <i>Please note the above trip is only available to members holding membership with an English county (Wales are eligible to send their own delegates)</i>
<b>When:</b>	8 <sup>th</sup> – 21 <sup>st</sup> June 2020
<b>Duration:</b>	2 weeks only
<b>Cost to member:</b>	£60 participation fee, £30 refundable multimedia presentation deposit, flight, insurance, visa & social expenditure (fee to attend Royal Highland Show)

### ***What to expect from a Homestay trip in Scotland***

If you're looking for a trip that's not too far from home then Scotland could be the place for you.

On arrival in Edinburgh you will be looked after by the [Scottish Association of Young Farmers' Clubs](#), before heading off on your travels across Scotland – staying with host families along the way. Scotland's rich and diverse culture can give delegates a real insight to rural and agricultural life in the country as they will be staying with rural families throughout their stay. Delegates should expect to move hosting areas once a week however they might move twice or three times within the area meaning they may only stay with hosting families for 2 or 3 nights each. Hosts will be Scottish Young Farmers' members and their families, normally in a rural and agricultural setting, so a keen interest in either has been seen as a benefit in past years.

Arrive in Edinburgh for the orientation meeting; this is a chance to meet the other delegates' from all over the world. Delegates will spend the first few nights in a youth hostel in Edinburgh, then travel to host families before the royal highland show, where the exchangees will again be staying the youth hostel in Edinburgh's city centre. Your trip finishes with the Royal Highland Show, a chance to renew friendships and enjoy more Scottish Hospitality. This is likely to be a very hectic two weeks, with a good mixture of farms, sightseeing and social life. Why not take the plunge and apply for a short trip and see what Scotland has to offer.

## **HOMESTAYS FURTHER AFIELD**

<b>Australia Rural Youth</b>	
<b>Age to participate:</b>	21 - 26 years old
<b>Places available:</b>	1
<b>When:</b>	April/May/June/July, 6 weeks
<b>Duration:</b>	<i>Please ensure you have a minimum of 6 weeks holiday available before applying for this trip.</i>
<b>Cost to member:</b>	£60 participation fee, £30 refundable multimedia presentation deposit, flight, insurance, visa & social expenditure

### ***What to expect from a Homestay trip in Tasmania***

Take a trip to the other side of the world and stay with young farmers from Australia Rural Youth – the Australian equivalent of YFC. You'll be living in Tasmania, staying with different members from Tasmanian Rural Youth each week. You will experience what it is really like to live in rural Australia and each day will bring a new adventure – from sightseeing to helping out with a sheep muster.

A few highlights along the way will be the [Agfest Field Day](#), an annual festival organised by Tasmanian Rural Youth in May and the Tasmanian State Ball.

### **Canada**

<b>Canada Junior Farmers' Association of Ontario (JFAO)</b>	
<b>Age to participate:</b>	19 – 26 years old
<b>Places available:</b>	1
<b>When:</b>	Arrive in Toronto in May 2020 – date to be specified by host country and is non-negotiable
<b>Duration:</b>	6 minimum weeks – maximum 13 weeks <i>Please ensure you have a minimum of 6 weeks holiday available before applying for this trip.</i>
<b>Cost to member:</b>	£60 participation fee, £30 refundable multimedia presentation deposit, flight, insurance, visa & social expenditure

### ***What to expect from a Homestay trip with Canada JFAO***

If you're a fan of the outdoors, stunning scenery and a bit of adventure then this is the trip for you. The Canadian province of Ontario is home to 250,000 lakes, the city of Toronto and the world famous Niagara Falls – plus some of the world's friendliest people!

This trip is a fantastic opportunity to spend up to twelve weeks with members of the [Junior Farmers' Association of Ontario](#) – the Canadian version of YFC. You will be staying in their homes, some live on farms and some don't, so be prepared to help out and get stuck in! JFAO is very similar to YFC and they take part in many of the same activities.



<b>Canada 4H</b>	
<b>Age to participate:</b>	18 – 25 years old
<b>Places available:</b>	2
<b>When:</b>	End of July/August 2020
<b>Duration:</b>	2 minimum weeks – maximum 4 weeks
<b>Cost to member:</b>	£60 participation fee, £30 refundable multimedia presentation deposit, flight, insurance, visa & social expenditure

### ***What to expect from a Homestay trip with Canada 4H***

[4-H](#) is one of Canada's longest-running youth organisations and just like YFC it is run by volunteers. On this trip you will stay with different families for between a week and ten days and get involved with loads of 4-H activities as well as a spot of sightseeing.

This trip is an exchange, which means that you will also get to host a Canadian 4-H member at your own home in June/ July. So by the time you arrive in Canada you will know a familiar face - plus you'll have someone to quiz on what to pack!

### **USA**

<b>Montana</b>	
<b>Age to participate:</b>	19 – 26 years old
<b>Places available:</b>	1
<b>When:</b>	Arrival into Montana in July 2020 – date to be specified by host country and is non-negotiable
<b>Duration:</b>	minimum 6 weeks - maximum 12 weeks <i>Please ensure you have a minimum of 6 weeks holiday available before applying for this trip.</i>
<b>Cost to member:</b>	£60 participation fee, £30 refundable multimedia presentation deposit, flight, insurance, visa & social expenditure

### ***What to expect from a Homestay trip in Montana?***

A once-in-a-life time opportunity to experience the American way of life, perfect for those who wish to immerse themselves into the culture and communities of Montana. Members will have the opportunity to stay in Montana with host families for approximately three weeks and then move to the next family; you should be prepared to share quiet moments, as well as taking on household and family chores, celebrating birthdays and holidays, enjoying family vacations, and participating in community activities & events.

### ***Montana Case Study:***

*'It gets really hot during the day in Montana! It is advisable to pack Sunglasses; Sun cream & After-sun, along with anti-insect spray – there are lots of mosquitoes. A reusable water bottle is essential. However, the evenings are much cooler so a gilet or light fleece is also a good idea. During the first week you will attend 4H Congress at Montana State University (find out more about Montana 4H [here](#)), pack a flag from your home Country and Smart Clothing suitable for a dinner dance. During Congress you will provide a form of entertainment to the rest of the delegates – past travellers have*

*taught dances, traditional British games or even hosted a 'TV Game show' style quiz. It is also a good idea to pack clothing/footwear suitable for working in – they need to be comfortable and practical! A small token gift for your host family is a nice touch, presented as a 'Thank you' for making you feel at home.'*

<b>Colorado</b>	
<b>Age to participate:</b>	19 – 26 years old
<b>Places available:</b>	1
<b>When:</b>	Must arrive in Denver, CO on 21 <sup>st</sup> June 2020 <b>Dates as per States request and are non-negotiable</b>
<b>Duration:</b>	minimum 5 weeks - maximum 6 weeks
<b>Cost to member:</b>	£60 participation fee, £30 refundable multimedia presentation deposit, flight, insurance, visa & social expenditure

### ***What to expect from a Homestay trip in Colorado?***

A fantastic opportunity to see life on the other side of the pond and the state that's home to the Rocky Mountains. Members will have the opportunity to stay in Colorado with host families for approximately three weeks and then move to the next family. Members should be prepared to share quiet moments, as well as taking on household and family chores, celebrating birthdays and holidays, enjoying family vacations, and participating in community activities & events.

**\*Please ensure you have a minimum of 6 weeks holiday available before applying for this trip.**

### TEAM TRAVEL

<b>Rural Youth Europe: Study Session</b>	
<b>Location:</b> Strasbourg	
<b>Age to participate:</b>	18-30
<b>Places available:</b>	2 <i>Please note the above trip is only available to members holding membership with an English county (Wales are eligible to send their own delegates)</i>
<b>When:</b>	March 2020
<b>Duration:</b>	1 week only
<b>Cost to member:</b>	£60 participation fee, £30 refundable multimedia presentation deposit, flight, insurance, visa & social expenditure

<b>Rural Youth Europe: Autumn Seminar</b>	
<b>Location:</b> Ireland	
<b>Age to participate:</b>	18-30
<b>Places available:</b>	2 places <i>Please note the above trip is only available to members holding membership with an English county (Wales are eligible to send their own delegates)</i>
<b>When:</b>	Autumn 2020
<b>Duration:</b>	1 week only
<b>Cost to member:</b>	£60 participation fee, £30 refundable multimedia presentation deposit, flight, insurance, visa & social expenditure

<b>Rural Youth Europe: European Rally</b>	
<b>Location:</b> Slovenia	
<b>Age to participate:</b>	18-30
<b>Places available:</b>	4 places + 1 leader (NFYFC Officer) <i>Please note the above trip is only available to members holding membership with an English county (Wales are eligible to send their own delegates)</i>
<b>When:</b>	August 2020
<b>Duration:</b>	1 week only
<b>Cost to member:</b>	£60 participation fee, £30 refundable multimedia presentation deposit, flight, insurance, visa & social expenditure

The Rural Youth Europe European Rally unites 150 young people from across Europe for a week of homestays, sight-seeing and workshops. It is the perfect opportunity to experience different cultures, languages and even food with an international buffet and displays from each country. You will be attending the rally with three other NFYFC members so it's also a great chance to make new friends a little closer to home too.

## **VOLUNTEERING**

<b>Volunteer in Peru with Projects Abroad</b>	
<b>Age to participate:</b>	18-30
<b>Places available:</b>	10
<b>When:</b>	1 <sup>st</sup> – 15 <sup>th</sup> August 2020 (flights are likely to be organised for a 31 <sup>st</sup> July departure)
<b>Duration:</b>	2 weeks
<b>Cost to member:</b>	<p>This trip costs <b>£1420</b> per person (which includes food, accommodation, insurance and excursions). There are also costs to members for travel, vaccinations and social expenditure, plus £30 refundable multimedia presentation deposit</p> <p>Flights to Peru in Summer 2020 are approximately £1465 including a return flight. Expect prices to change for summer 2020. There will be the option to book your flights through Projects Abroad or to source your own, either with the help of NFYFC or independently.</p>

### **Tell me more....**

If you are passionate about farming and want to experience the Andean climate and the unique cultural history of the Incan empire alongside other Young Farmers then a trip to Peru might be perfect for you.

Located high in the Andes Mountains of Peru, Cusco is a beautiful city rich in culture and history. Once the former centre for the Incan Empire, the areas around the Sacred Valley are now arguably the archaeological capital of South America with a culture whose traditions date back over 700 years. At an elevation of 3,400m above sea level, Cusco also has a subtropical highland climate that boasts unique ecosystems and a huge variety of crops, including nearly 4000 potato types when including the rest of the country!

There are three parts to this trip with the opportunity to volunteer in various locations in and around Cusco. The first week will be spent in the city itself, helping out at a few different day care and community centres, working with children and improving a site for the people that use it. After a weekend exploring Machu Picchu and the famous Incan sites nearby, you'll then get your own chance to experience what it's like to be an archaeologist, working on various sites and learning more about this fascinating culture.

This will also be a great opportunity to live and work with other Young Farmers from around the UK, as well as learning all about the culture and various traditions in Peru. Even if you don't speak any Spanish before you go, you will find yourself coming back speaking some of the language.

The first week will involve working with the children to improve their education and provide them with creative and engaging activities from which to learn and have fun. The other main activity will involve working with the community on a project to revitalise the area, such as redecorating a community centre, improving a children's play area or setting up a vegetable garden in a school.

A trip to Cusco wouldn't be complete without a visit to the world-renowned archaeological site of Machu Picchu. This UNESCO World Heritage Site is home to arguably one of the most beautiful and awe-inspiring ancient cities on the planet, drawing tourists in from all corners of the world to marvel at its fascinating architecture and unique location. The rest of the weekend will also include a visit to the nearby hot springs of Aguas Calientes and the famous Incan terraces of Ollantaytambo.



The second week will then see the group working alongside professional archaeologists on various dig sites surrounding Cusco. This work is important in not only understanding the former civilisation that called the Sacred Valley their home, but also for preserving these areas so that future visitors can learn and understand more as well. You'll be trained on various different archaeological techniques and methods, as well as being shown how to understand the use and importance of varying artefacts that are found on these sites.

At the end of the trip there will be time to explore the city of Cusco, whether it is to visit the various museums or just to do a bit of shopping and relaxing. There may also be opportunities in the evenings to learn local dances, sample the local wine and try some of the amazing food. Travelling on a Team Travel programme will allow you to explore Peru in a different way to what you could imagine. Truly, a trip of a lifetime.

<b>Volunteer in Vietnam with Projects Abroad</b>	
<b>Age to participate:</b>	18-30
<b>Places available:</b>	10
<b>When:</b>	1 <sup>st</sup> – 15 <sup>th</sup> August 2020 (flights are likely to be organised for a 31 <sup>st</sup> July departure)
<b>Duration:</b>	2 weeks
<b>Cost to member:</b>	<p>This trip costs <b>£1645</b> per person (which includes food, accommodation, insurance and excursions). There are also costs to members for travel, vaccinations and social expenditure, plus £30 refundable multimedia presentation deposit</p> <p>Flights to Sri Lanka in August 2019 are approximately £1600 including a return flight. Expect prices to change in summer 2020. There will be the option to book your flights through Projects Abroad or to source your own, either with the help of NFYFC or independently.</p>

### **Tell me more....**

If you are passionate about farming and are looking to take your skills overseas to gain a new perspective and to help others, perhaps Vietnam might be the option for you!

Located along the western side of the South China Sea, Vietnam is historic and culturally rich country in South East Asia. With karst limestone islands sticking out of the sea, cities flooded with motorbikes, reminders of the war everywhere you go and traditional rice-farming communities further inland, this country offers beautiful landscapes and incredibly friendly, welcoming people. There are three parts to this trip with the opportunity to live and volunteer in Vietnam's capital city, Hanoi in the first week, followed by a second week being spent further inland in a traditional village, helping out in rice paddies and assisting the farmers with their various traditional farming methods. The weekend in the middle will be spent on an unforgettable trip to see the beautiful Ha Long Bay.

The first week will see the group working in a rural part the city, developing a vegetable and fruit garden at a local school as well as doing some education activities as well as spending a cultural day within the city itself. When you are putting this together, you'll be working with the local children in order to teach them the importance of your work and how they can maintain it once you leave. Even Within a city like Hanoi, it's incredibly important for people to know how to grow their own food and how to eat healthily and sustainably. It will give you a good opportunity to meet the locals and learn more about the modern culture within the city.

At the end of the first week, you'll have the weekend to relax and explore more of the country. No trip to Vietnam would be complete without a visit to the beautiful Ha Long Bay to witness the beautiful and almost other-worldly karst limestone islands. Rising hundreds of feet vertically out of the flat sea and topped by trees and lush vegetation, these islands in the sky hide unique floating villages and photo opportunities around every corner. While you're here, you'll have the opportunity to go on a boat ride around the bay, visiting the various floating villages and trying some of the local seafood delicacies.

In the second week you will be taken into rural Vietnam to the traditional farming village of Mai Chau. This idyllic Vietnamese village is surrounded by flat rice paddies and towering hills, creating a beautiful and unforgettable landscape. While you're here, you'll be working alongside local farmers to understand how they still use traditional methods to harvest the rice and their various other crops. You'll also help the farmers by helping to sell the vegetables to nearby houses. On top of this, you'll also learn traditional craft skills and embroidery from the local families to see how else they can bring in some income.

Travelling on a Team Travel programme with fellow young farmers from around the UK will allow you to explore Vietnam in a different way than you could imagine. You will see how agriculture works in this part of Asia, as well as experiencing the culture from the eyes of those that live and work there.

<b>Volunteer in Ghana with Projects Abroad</b>	
<b>Age to participate:</b>	18-30
<b>Places available:</b>	10
<b>When:</b>	1 <sup>st</sup> – 15 <sup>th</sup> August 2020 (flights are likely to be organised for a 31 <sup>st</sup> July departure)
<b>Duration:</b>	2 weeks
<b>Cost to member:</b>	<p>This trip costs <b>£1545</b> per person (which includes food, accommodation, insurance and excursions). There are also costs to members for travel, vaccinations and social expenditure, plus £30 refundable multimedia presentation deposit</p> <p>Flights to Ghana are approximately £1200 for a return flight. Expect prices to change in summer 2020. There will be the option to book your flights through Projects Abroad or to source you own, either with the help of NFYFC or independently.</p>

### **Tell me more....**

The group will be based on a farm in the Akuapem Hills our most rural region in Ghana. You will help local people with the maintenance of the farm, and will also help organise school trips to educate children about sustainable farming.

### **Community Farming in the Akuapem Hills, Ghana**

If you want to volunteer alongside local people and are passionate about farming, then this trip could be great for you.

Ghana is a beautiful and friendly country in West Africa, famed for its incredibly welcoming people and it's variety of ecosystems and ecological zones. With golden sand beaches and historical

reminders of its colonial past in the south, and lush, green rainforests dominating the hills further inland, this country provides a unique and friendly African experience.

The group will work at a small farm in the Akuapem Hills, an hour north of Accra, helping develop sustainable farming methods and encourage organic farming. Produce which is grown in the farm includes small quantities of, plantain, papaya, carrots, onions, yam, coco yams and sweet pepper, and the harvested food is donated to local orphanages and community care centres. The farm is also home to rabbits, guinea pigs, and chickens.

Groups also help arrange trips for local schools to visit the site. Children are then educated on the process of growing crops in a sustainable environment. The group can also teach the children how to take care of animals, and how to identify seeds.

Farming volunteers assist with:

- Caring for animals
- Crop growing
- Flower production
- Land management
- Composting and weeding

In addition to this, volunteers will also have the opportunity to spend some time at one of our Care placements. In order to avoid the midday heat, farming work generally takes place in the mornings, leaving the afternoons free for volunteers to help out at the village's school, playing games, teaching some basic English or doing arts and crafts with the children.

At the weekend, the group will have the opportunity to travel to Cape Coast and the Kakum National Park, where you'll have the opportunity to learn more about Ghana's colonial history and its current culture, as well as a chance to take in some of the stunning scenery and views of various animals from a forest canopy. The group will live with local host families close to your project.

### Extra information

<b>Homestay limit:</b>	Members are only able to participate in three Homestay trips. This does not include C Alma Baker, RYE or team travel
<b>Australia:</b>	In 2020 one NFYFC member will travel to Tasmania.
<b>Canada 4H:</b>	This trip must be taken after the YFC member has hosted a Canadian Exchangee for 1-2 weeks in the UK. You will stay with the same member during the whole of your stay in Canada
<b>Working Scholarship:</b>	C Alma Baker trip to New Zealand allows for one month of free time after the three months
<b>Multiple YFC members travelling:</b>	For trips that take two or more exchangees, the members selected are advised to liaise and coordinate travel with one another
<b>Dates:</b>	Members must be able to travel on the date specified by the host country/ state and these may be subject to change
<b>2 week plus trips:</b>	If you are applying for a trip with a stay of over two weeks long, please ensure you have permission from your employer to have the minimum time off as stated above
<b>Cost:</b>	With the exception of C Alma Baker, all visas (if required), flights, insurance & travel vaccinations (if required) are at the members own cost and are the responsibility of the members. Members will also need to cover the cost of their social expenditure on each trip. Local bursaries may be available, contact your County Office to find out more.
<b>Scotland, Northern Ireland and RYE trips:</b>	The Scotland, Northern Ireland and RYE trips are only available to YFC members holding membership with an English county; Wales are able to send their own delegates.
<b>Rural Youth Europe:</b>	For the Autumn Seminar, Study Session and European Rally there is a possible percentage of reimbursement towards travel costs depending on funding at RYE.
<b>How to apply:</b>	Visit <a href="http://www.nfyfc.org.uk/yfctravel">www.nfyfc.org.uk/yfctravel</a> for more information about each trip. Download an application form from the website or contact your county office. Your <b>County Office</b> is required to sign the form before submitting to NFYFC.  Send the completed form to <a href="mailto:Lauren.Hancox@nfyfc.org.uk">Lauren.Hancox@nfyfc.org.uk</a> before the closing date of 1 <sup>st</sup> November 2019
<b>Short listing:</b>	Should a trip(s) receive a high volume of applications, NFYFC reserves the right to shortlist members for selection day.
<b>Interviews:</b>	<b>All</b> successful applicants are required to attend the YFC Selection Day in person on 30 <sup>th</sup> November 2019. <b>There will be no Skype interviews this year.</b>
<b>Selection Day:</b>	Saturday 30 <sup>th</sup> November 2019 at the Woodland Grange Hotel, nr Leamington Spa, Warwickshire.
<b>Questions?</b>	Head to: <a href="http://www.nfyfc.org.uk/yfctravel">www.nfyfc.org.uk/yfctravel</a> Email: <a href="mailto:Lauren.Hancox@nfyfc.org.uk">Lauren.Hancox@nfyfc.org.uk</a> Call: 02476 857225 / 07823 884659