**WORCESTERSHIRE FEDERATION OF YOUNG FARMERS’ CLUBS**

**Cheerleading – (10-26 yrs old) COMPETITION 2016-17**

**VENUE:** The De Monfort School, Four Pools Road, Evesham, WR11 1DQ

**DATE:** **Sunday, 6th November 2016**

**POINTS:** Awarded will count towards the County Championship Shield only.

**ENTRY FEE:** £10

**ENTRY FORMS:** Completed entry forms together with the correct Entry Fee must be returned to County Office by **Monday 3rd October 2016**

**ELIGIBILITY:** The team may consist of between 6 and 10 members, all of whom must be 26 years of age or under on 1st September 2016 and a full member of a Club affiliated to the WFYFC. The team must consist of a minimum of 2 members of the opposite gender.

**PROCEDURE:** Please see attached WFYFC rules

**OUTCOMES:** Choreography and composition, movement, performing, confidence, decision-making, teamwork and personal development skills

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Entry Form from \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_YFC for the Cheerleading (10-26 yr olds) Competition 2016-17

Entry Fee: £10

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| **Name** | **Membership Number** |
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Signed \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(Club Officer)

**This entry form to be completed and returned to County Office by Monday, 3rd October 2016.**

NATIONAL FEDERATION OF YOUNG FARMERS’ CLUBS

*Status FINAL*

*12 July 2016*

Eliminator

Competitions Programme 2016-17

**NFYFC Cheerleading**

**(26 & Under)**

**R U L E S**

**COMPETITION AIM**

To provide members with the opportunity to participate in a physical activity to demonstrate their Cheerleading skills, in a competition environment

**LEARNING OUTCOMES**

Choreography and composition, movement, performing, confidence, decision-making, teamwork and personal development skills

1. **DATE & VENUE**
   1. After Area Eliminators, the National Final will be held in conjunction with the 2017 Annual Convention.
2. **REPRESENTATION**
   1. Counties may enter one team per 600 members or part thereof in Area Eliminators.
   2. Areas will be represented in the final by one team per 3,000 members or part thereof. (Northern Area 2, Eastern Area 1 and East Midlands 1, West Midlands Area 2, South West Area 2, South East Area 1 and Wales 2)
3. **ELIGIBILITY**
   1. The team may consist of between 6 and 10 members, all of whom must be 26 years of age or under on 1st September 2016 and a full member of a Club affiliated to the NFYFC. The team must consist of a minimum of 2 members of the opposite gender.
4. **SUBSTITUTION** 
   1. If more than half the original team are unable to compete at the next round the next highest scoring team will represent area.
5. **PROCEDURE**
   1. Each team is required to perform a Cheerleading routine. Cheerleading is a [physical activity](http://en.wikipedia.org/wiki/Physical_activity), which contains many elements including dance, jumps, cheers and stunts to direct spectators of events to cheer-on sports teams at games of to encourage spectators to participant in competitions/sports.
   2. **Safety Clarification*:*** This clarification should make clear what can be included in the routine and protect the safety to all participating.
      1. For the purposes of this competition, **Tumbling** is a gymnastic element and a **Stunt** is a lift (normally a static nature at this level) where a person has their weight off the ground)
         1. **Tumbling**

Allowed: Forward Rolls, Backward Rolls, Cartwheels, Front Walkovers and Back Walkovers

Not Allowed: Tumbling that involves a spring or run (i.e. Flips, Somersaults, Handsprings)

* + - 1. **Stunts:** For the purposes of this competition, we are defining Stunts as 'an element performed by a group of Cheerleaders, involving Flyers, Bases and Spotters.

**Flyer:** A person without contact to the ground – Also known as Mounter/Top person

**Base:** A person in direct contact with the floor who provides primary support for the flyer and could also be responsible for catching the flyer during dismount

**Back Spot:** A person primarily responsible for protecting the head, neck and shoulders of the flyer. They must be positioned to the side or the back of the stunt. The Back Spot may not have both hands providing primary weight-bearing support to the flyer. The Back Spot must be participating members of the team.

* + 1. These rules state that Stunts are allowed, but to note that the NFYFC Final is being performed on a HARD WOOD FLOOR.
    2. No Stunt to be more than 1½ persons high (a member sitting on another members shoulders = 1½ members high)
    3. All stunts at this height must have a Back Spot. Not Allowed: Stunts that involve a Twist or Rotation. Teams must adhere to these guidelines. At the area rounds and NFYFC finals, if the judge(s) believe moves in the routine to be dangerous, the performance will be stopped and will not be scored.
  1. At the NFYFC Final the size of the dance area will be in the region of 10m x 10m (The County will confirm detail of the County final, the Area will confirm detail of the Area Final)
  2. Music to be submitted to NFYFC no later than **Friday 7th April 2017** on CD format.
  3. A **Performing Rights (PRS) Society for Music Form** will be supplied to finalist teams by the NFYFC (as directed by the venue license holders) for the final of the competition. This form must be completed and returned to the NFYFC together with the Music CD no later than **Friday 7th April 2017**.
  4. All music must be, at every round, a ***Radio Edit – i.e. suitable and passed for radio broadcast to family (pre watershed) audiences.***

1. **TIMING**
   1. A minimum of 3 minute and a maximum of 5 minutes will be allowed for the routine.
   2. **Time Penalties** - time deductions are one mark for each 15 seconds (or part thereof) over or under the allocated time by any member of the team.
2. **SCALE OF MARKS**

**Creativity & Choreography 30**

(Formations/Shapes/Use of Floor)

**Technical Marks 30**

(Gym skills/Jumps/Lifts/Travelling)

**Showmanship & Spirit 20**

(Enthusiasm/Voice Projection)

**Costume 10**

**Overall Presentation 10**

**TOTAL 100**

1. **AWARDS** 
   1. Trophy and Prize Cards to the winning team.
   2. WFYFC Prize Cards to teams placed 2nd and 3rd
   3. WFYFC Certificates of Achievement will be awarded to all teams participating in the NFYFC Final.